

RUSI KOSI
(Bulgaria)

This dance comes from Pirin, Bulgaria. It is named after the song to which it became popular: Rusi kosi imam ("I've got blond hair"). In some villages the dance is known as Vurtjano Horo ("whirling dance").

Pronunciation:

Record: Balkanton BHA 11134 Side A, Band 6
 Balkanton BHA 10352 Side A, Band 7 2/4 meter

Formation: Open circle; hands joined in "W" pos.

Steps and Styling: Basic Step: A smooth way of walking, mainly done with the lower part of the legs, knees slightly bent: a rolling step (from heel to toe) on R ft fwd (ct 1); small step on L whole ft fwd (ct &); repeat for cts 2,&. (Two Basic Steps take one meas).

There is a slight bouncing upward on each mean ct.

Meas

Pattern

- 9 meas Introduction.
- 1-9 PART 1 BASIC
Facing diag R and moving in LOD, 18 Basic Steps.
- 1 PART 2 SIDEWARD
Facing ctr, step on R ft sdwd R (ct 1); step on L ft beside R (ct &); step on R ft sdwd R (ct 2); step on L ft beside R, bending both knees (ct &).
N.B. The hands are loose and wave in high "W" pos from L - up and to the front - to the R, throughout meas 1 the body turns slightly diag R.
- 2 Repeat meas 1 with opp ftwk, direction and arm movement.
3 Repeat meas 1.
4 Stretch both knees (ct 1); bend both knees, clapping both hands in front (ct &); repeat cts 1,& (cts 2,&).
5-8 Repeat meas 1-4.
- 1-2 PART 3 TO THE CENTER AND BACK
Facing ctr, hands joined in "W" pos, four Basic Steps straight fwd to the ctr.
3-4 Four Basic Steps straight bkwd.
5-8 Repeat meas 1-4.
9 Hands loose, two Basic Steps, making a full R (CW) turn in place.

RUSI KOSI (Continued)SEQUENCE OF THE DANCE

Introduction: 9 measures

Part 1

Part 2

Part 3 2 times

Part 2

Part 3

Part 1

N.B. Finish the dance as follows:

Turning to face ctr, step on R ft (ct 1); step on L ft in front of R ft, bending both knees and raising both arms in front (ct 2).

Description by Jaap Leegwater ©1982

Presented by Jaap Leegwater